



Gansey patterned MOBILE PHONE / I-POD SOCK



Photograph courtesy of Noble and Buchan families, Fraserburgh



This phone/ i-pod sock uses patterns that are part of our coastal heritage and represent elements of nautical life. Here we have used anchors in the centre panel, flanked by stitches representing sand and shingle. An alternative chart is included with a heart pattern from one of our ganseys. These patterns, and many others, were used on “ganseys” - the seamless, fine-knitted jumpers traditionally worn by fishermen and seamen around the British coast, up to the late 1950’s, to help keep them warm and dry at sea. Different areas of the coast used different patterns or pattern combinations, and it is said a fisherman’s home port could have been identified from his gansey.

This pattern is brought to you by the Moray Firth Gansey Project (2009-2012) which is researching gansey patterns traditionally used round the Moray Firth in the north east of Scotland, conserving old examples of these beautifully and cleverly constructed garments and recording local stories and traditions. The project will also make the patterns and knitting skills available to a new generation to use and enjoy through developing school and community knitting groups, and in a booklet and online pattern library. For more information, see our website www.gansey-MF.co.uk.

Instructions

The phone / i-pod sock is knitted “in the round”, in the same way that ganseys are. You could substitute other gansey patterns from your home area to make your item unique.

				<p>This project is being part-financed by the Heritage Lottery Fund, and by the Scottish Government and The European Community Rural Aberdeenshire, Highland and Moray LEADER 2007 – 2013 Programmes.</p>	
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Materials Recommended

- The sample is knitted in 5 ply gansey wool, which is finer than double knitting / sport weight yarn, with 247 yards / 225 metres per 100 gm ball. You need 13gms. Other yarns can be substituted, but we recommend a smooth yarn in a plain colour or slight marl to show off the fine stitches to best effect.
- Set of 4 double pointed needles size 2.75mm (UK 12, US size 2) (approx 18 – 20 cm long)
- Optional – similar size crochet hook to make cord
- Sewing needle (large enough eye to take yarn) to sew up and attach cord.

Tension: (gauge) approx. 30 stitches and 44 rows to 10 cm / 4 inches.

Finished Size:

Approx 6.5 cm wide by 11.5 cm deep (2.5 x 4.5 inches)

Note: Check your tension by creating a tension swatch in stocking stitch before knitting

Chart symbols

O = a stitch which appears as a purl stitch on the sight side of the work. It is purled on a right side row and knitted on a wrong side row.

Other Instructions

(K1 P1) rib = Knit 1, Purl 1 and repeat these two stitches to end.

Instructions for Mobile Phone Sock

This is quite quick to make and will give practice in working in the round and following a chart.

(Note: You could **adjust the size** if required by adding additional stitches at each side of the front and back (extra 8 stitches = 2.5 cm / 1 inch approx) and knitting these in moss stitch, as per the **green columns** on the charts. Adjust the length by either knitting another repeat of the pattern (20 rows) or by just extending the (K1 P1) rib.)

Leaving a tail long enough for stitching up the bottom, cast on 36 stitches, placing 12 stitches on each of three needles. Check after casting on that the stitches have not become twisted, before starting to work in the round.

(Note: form the three needles into a triangle so that the last stitch on the third needle is next to the first stitch on the first needle. Using the fourth needle, work into the first stitch on the first needle to form the round.)

Work 4 rows (rounds) in (K1 P1) rib.

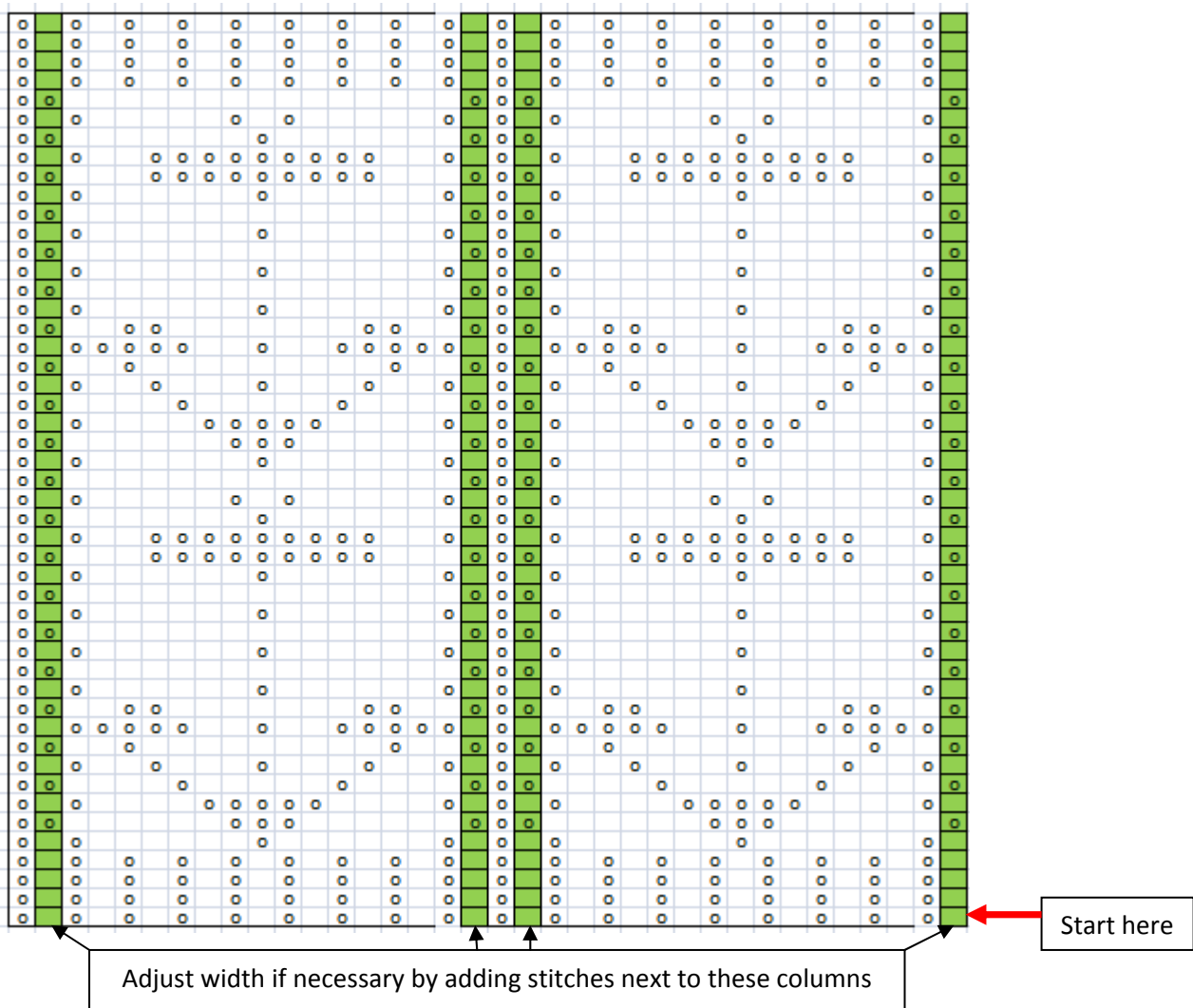
Start to work in pattern from the chart. The pattern reads from right to left. Complete all forty rows once. Then work 4 rows in (K1 P1) rib. Cast off.

To Finish

Turn the phone sock inside out and stitch the bottom of the sock together, so that the stitches are not visible on the right side. Turn the sock right side out. If required block (i.e. by pinning the sock in the correct shape to an ironing board), and press lightly. Lay a damp cloth on top and leave until dry. Or follow the manufacturer's directions for your yarn.


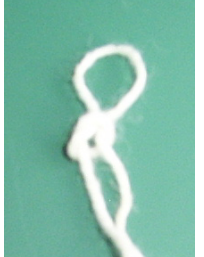

Make a cord using the same or a contrasting yarn, following the instructions below*, and thread it evenly through the top rib as a draw string. Tie the ends of the cord together securely and use a sewing needle to run the ends through about 4cm of the cord to secure them.

Chart for mobile phone / I-pod sock – anchor design



*** Cord for phone / I-pod sock drawstring**

Follow the instructions below for a chained cord. You can create this cord with a crochet hook or just with your fingers:

	<p>Make a slip knot and loop</p>		<p>Pull the knot fairly tight – you should still be able to make to loop bigger or smaller</p>		<p>Put your thumb and finger (or crochet hook) through the loop, pull another loop through and tighten the first loop.</p>
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Continue in this way until your cord is the length you require. Fasten off the end with a knot. You can also make a twisted cord, or make a cord by plaiting three strands of yarn together.

Chart for mobile phone / I-pod sock – heart design

